



1) In the biblical worldview, pride or exalting oneself over God is what differentiates angels from devils. The New Age-Yoga worldview teaches self as a little god. If we are all honest, the human condition is one of being self-centered. Reflect on the thoughts you have each day, how would your life change if 51%+ of your thoughts were on things above like God and gratitude and trust in His plan?

2) The Bible teaches us to Love God with all our mind, heart, soul and strength. The New Age teaches us to silence our "monkey minds." God commands us to worship (worship means place attention on) Him, not because He is an egomaniac, but because it is safer for our souls to focus on Him rather than the temporal things of this world and ourselves. What do you worship? Again, worship means place your attention on. People may worship sports, food, entertainment, politics, work, their appearance, health etc. How would your life be different if your worshipped God instead of this fallen world and yourself?